



### ROTI Shells -----

Whole Wheat  
Whole Wheat Dahl Puri  
Paratha (Traditional White)

### Filling -----

Seasoned Jamaican Pumpkin  
Textured Vegetable Protein  
Chickpeas and Potatoes

### MEALS -----

**Callaloo – Jamaican Greens** served with yellow yam, boiled green bananas organic whole wheat dumplings and avocado

#### **BBQ Tofu Stir-Fry**

Organic Tofu with sweet peppers, Vidalia onions and tantalizing sauce served with organic Basmati Rice and Peas, Fried plantain and avocado slices.

#### **Bean Curd and Lima Beans**

Soya bean curd strips curried with Lima Beans served with organic Basmati Rice and Peas, organic garden salad, fried plantain and avocado

**ONE LOVE  
CORN SOUP**

AS SEEN  
ON THE



### BEVERAGES -----

**Home -** Brewed Jamaican Ginger Beer  
**Sorrel Ginger**  
**Razzle Dazzle** Organic raspberry lemonade  
**Smooth Kiss** Mango Strawberry Lemonade  
**Kiss Me** Strawberry Lemonade  
**Smooth Love** Mango Lemonade



100%  
ANIMAL  
FREE



100%  
ANIMAL  
FREE